

Advanced Foot & Ankle Associates

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Frequently Asked Questions

1. What is a Fall Risk Screening?

This is an office visit designed to determine if you are at risk of falling and how high this risk of falling might be.

2. Why do I need this Appointment?

One third of people over the age of 65 will fall each year. These falls are the leading cause of accidental deaths in older people. Many times, fall related injuries (bruises, fractures, head injuries) require the patient to be moved into a rehab facility or nursing home. Dr. DeWitt has noticed that many of his patients fall or are fearful of falling and he wants to help reduce their risk of falling. The Fall Screening visit looks at many factors which contribute to falls such as balance, walking, ankle/foot strength, medications and overall health. Dr. DeWitt then ranks your fall risk and makes recommendations to help reduce that risk.

3. How is it different from regular foot care visits?

This visit will be different than your foot care visits. It can take up to an hour depending on recommended treatment and severity of risk. We strongly encourage you to bring a family member with you so that we can share the results with those who care about you and your health.

4. Will my insurance cover the visit?

Medicare and some private insurance companies recognize that prevention of falls is an important goal for all older people. The Fall Risk Screening is billed as any other doctor office visit. Please keep in mind, any deductibles, co-insurance and copays will be the patients responsibility.

5. How often should I get this evaluation?

Depending on your risk level, we may recommend an annual screening. This is determined based on each patients needs.

6. Will my primary care physician know I am having this visit and will he/she receive results?

Your doctor will receive a summary of the fall screening visit which includes Dr. Dewitt's recommendations to reduce fall risk. You can also request a copy of the evaluation at any time, just let us know.